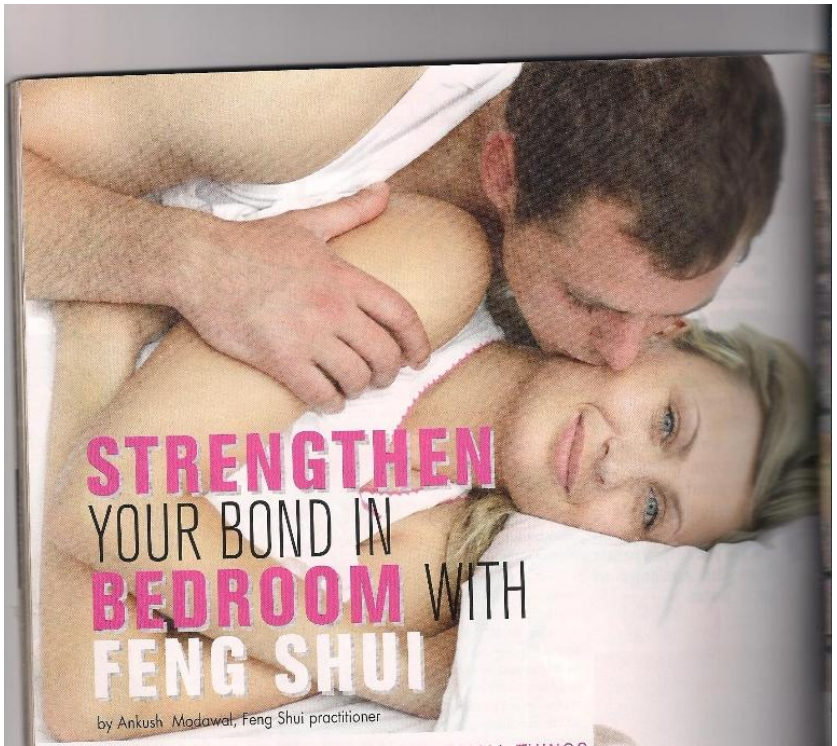

STRENGTHEN YOUR BOND IN BEDROOM WITH FENG SHUI

by Ankush Modawal, Feng Shui practitioner

LOVE FLOURISHES GRADUALLY AND SMALL THINGS PAVE THE WAY TO BIG THINGS IN OUR LIFE...

Do you remember that first small step towards something, which significantly changed your life? The first phone call you made to your lover or the first time you met a significant person in your life? A spark in the air, an awesome chemistry and a feeling of being in love...? However, gradually, the fire of romance burns out, leaving only smoke.

Feng Shui reveals those small things, the absence of which can fade the flower of love in your married life:

• Avoid paintings or artworks of warfare, ferocious wild animals and negative emotions in your bedroom. I once did feng shui for a couple where the husband had kept a life sized statue of a roaring tiger in his bedroom. The wife felt ignored because of her husband's overbearing nature and in turn, she had manifested a hobby of drawing paintings of a lonely woman crying alone. As soon as the tiger statue and those mourning paintings depicting negative emotions were removed, the couple soon rejuvenated their love life by leaving for a vacation in Paris for a month.

know but a mirror facing your bed in the bedroom is harmful for your love relationship.

• Sleeping on a simple four legged bed is highly recommended but due to the emergence of apartments, people try to save up on space by sleeping on bed boxes. The boxes of the bed are in turn used to store all the junk, which you cannot throw away nor would like to keep. Beddings and linens are fine, but old shoes, utensils and electronics are a strict no-no because they affect your aura in a detrimental way.

• Nothing kills the mood for sex faster than the 9'o clock news or the late night reality shows being aired on T.V. Do yourself a favour and do not fill your subconscious mind with unnecessary emotions just before you spend some restful time with your partner.

• Never keep a water feature in your bedroom. Some people like to keep a fish bowl or an aquarium in their bedroom, but the element of water really dampens your relationship.

• Never place idols of God in the bedroom. The bedroom is meant for rejuvenation, sex and relaxation but not for worship.

• In Feng Shui, a king sized bed equates to a king sized ego. This pampers the ego of the person sleeping on the bed, making him arrogant, conceited and over confident. Also, it is imperative that your bed should have one single double mattress rather than two single mattresses.

• It is said that when we sleep, our spirit leaves our body and goes into another dimension and state of consciousness. A healthy life can only be ensured if you are getting a good night's sleep. However, if you have a mirror in the bedroom, which reflects your body while you snooze, the spirit is never able to leave the body as it gets scared of seeing itself in the mirror. How much of this theory is true or myth, I do not

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